



“After removing Saul, God raised up David as their king and testified about him, **I have found David the son of Jesse to be a man after My own heart, who will carry out all My will.**’ Acts 13:22 (CSB)

### A MERRY HEART'S RADIANCE SHOWS THE TRANSCENDENT LOVE OF GOD

The adaptability of merry thrives in triumph's scalability and tranquility's sustainability. Merry in Prov. 15:15 is *towb* is “beautiful” in Hebrew shows love conquers all. The Spirit life within overcomes chaos, safeguarding the merry heart. Conversely, merry in Prov. 15:13 and 17:22 is *sameach* i.e., “glad, joyful, and merry” proving love never falls. Its power rests in tranquility, supporting clemency i.e., “mild in temper/disposition, gentle, merciful, kind, tender, compassionate.” Both display God's transcendent love. “Love endures long *and* is patient and kind; love never is envious *nor* boils over with jealousy, is not boastful *or* vainglorious, does not display itself haughtily. It is not conceited (arrogant and inflated with pride); it is not rude (unmannerly) *and* does not act unbecomingly. Love (God's love in us) does not insist on its own rights *or* its own way, *for* it is not self-seeking; it is not touchy *or* fretful *or* resentful; it takes no account of the evil done to it [it pays no attention to a suffered wrong]. It does not rejoice at injustice *and* unrighteousness, but rejoices when right *and* truth prevail. Love bears up under anything *and* everything that comes, is ever ready to believe the best of every person, its hopes are fadeless under all circumstances, and it endures everything [without weakening]. Love never fails [never fades out or becomes obsolete or comes to an end]...,” I Cor. 13:4-8, (AMPC).

### UNIMPAIRED HEALTH FOR THE SPIRIT—SOUL—BODY SUPERNATURALLY

The word for heart in Hebrew is *leb*. It is identical in all three merry heart scriptures in the Book of Proverbs. It refers to the “inner man, mind, will, and the heart.” Elohim made the heart of mankind to be merry, no matter what misery it may face, even after the fall of man. Whether merry is *towb* or *sameach*, the heart can experience a bounce-back breakthrough, no matter what has occurred. Elohim already primed and positioned the merry heart to foster unimpaired health. Returning to and remaining whole and well agrees with God's cure for a broken spirit. The absolute truth that can be absolutely trusted at all times is “...with Jesus' stripes, you are healed,” Is. 53:5. You are not the sick trying to be healed; you are the healed resisting sickness. The presence and power of God's Word and His Spirit is your source, supply, and surplus. Say aloud, “In Jesus' name, my inner man is resilient, relentless, and resistless in battle.” Prov. 15:13 indicates the broken spirit i.e., *ruah* is not operating at its fullest capacity. It becomes off-centered when the heart experiences a wound, hurt, or injury. For your spirit to resume its original design *ruach* i.e., the same as Holy Spirit, it requires supernatural healing to be recalculated. Elohim heals all spirit wounds, no matter how long or how wrong the impairment has been. Likewise, any soul wound, hurt, and injury that exists in the inner man requires supernatural healing for you to live whole and well. Elohim heals all soul wounds, no matter how long or how wrong the impairment. On the other hand, if a wound, hurt, or injury persists in the inner man and is never addressed at all, a broken spirit, i.e., *wə-rū-ah* can even cause body wounds as verified in Prov. 17:22. The contrast from what happened in Prov. 15:13 is the soul wound still exists, distressing the body until it experiences wounds also. That's when the spirit, the soul, and the body jointly breakdown. The spirit no longer just needs recalculation, but recalibration. The internal system of the spirit must be reset. Whether saved or unsaved, if the fragmented spirit, i.e., *wə-rū-ah* is distorted and deformed requires reengineering along with its supernaturally healing. The original state of your spirit is *ruach* is akin to Holy Spirit, even prior to the New Birth; afterward, you are naturally supernatural which is the unfair advantage. Led by Holy Spirit, we believers learn to lean and yearn to yield to His moves, clues, and cues at all times. The body wound is a clear indication a soul wound is present also. Both soul wounds and body wounds require supernatural healing for you to live whole and well. Elohim heals soul wounds and heal body wounds, no matter how long or how wrong the impairment. Just like Elohim made the beauty of mankind from the dust of the earth, He can turn your ashes into His beauty.

### BE DETERMINED TO NEVER LEAVE WHERE GOD RESIDES, “HAPPINESS”

Happiness is synonymous with blessedness. “Here is my description of a truly happy land where Jehovah is God: Sons vigorous and tall as growing plants. Daughters of graceful beauty like the pillars of a palace wall. Barns full to the brim with crops of every kind. Sheep by the thousands out in our fields. Oxen loaded down with produce. No enemy attacking the walls, but peace everywhere. No crime in our streets. Yes, happy are those whose God is Jehovah,” Ps. 144:13-15, TLB. Kings James says “that there will be no complaining in my streets.” I vividly recall the Lord saying complaining doesn't praise Him. Live cognizant of exuding gratefulness to God.

### Thought for Transformation

“The spirit of a man will sustain his infirmity; but a wounded spirit who can bear?,” Proverbs 18:14 (KJV). Sustain in Hebrew is defined as calculated in the New American Standard Bible. Elohim created the spirit, “*ruach*” of Adam as an offspring of Holy Spirit, “*ruach*.” Stable, sustainable, and scalable!

### The Merry Heart Chart

Strong's Concordance unveils the heart's health. The breachproof heart: “All the days of the afflicted are evil: but he that is of a merry heart hath a continual feast,” Prov. 15:15. The recalculated heart: “A merry heart maketh a cheerful countenance: but by sorrow [wound, hurt, injury] of the heart [inner man] the spirit [ruah] is broken [stricken],” Prov. 15:13. The recalibrated heart: “A merry heart doeth good like a medicine: but a broken [stricken] spirit [veruach] drieth [withers] the bones [strength],” Prov. 17:22.

### You are Beautifully Made

Elohim calls His creation “very good” in Genesis 1:31, KJV. In Hebrew, that is “*towb*,” meaning beautiful. “And God saw everything that He had made, and, behold, it was very good [beautiful]. And the evening and the morning were the sixth day.” In Psalm 139:14, KJV, David celebrates the Lord. “I will praise Thee; for I am fearfully and wonderfully made: marvelous are Thy works; and that my soul knoweth right well.” David's soul was intimately acquainted with how God formed him as His beautiful masterpiece. Seek God's face so you can see the image and likeness God sees. Beautifully made from the inside, out like Elohim.