

The Tsunami Blessing Inside and Out, Part 287 Scriptures

This is Section AZ of a multi-part instruction. Similar to a nation sending an ambassador into a territory, Jesus commanded the body of Christ to go into all the world. Although your kingdom of God assignment is in the world system, it is not in you. Jesus Christ is! You are His anointed carrier of the presence of God as well as the power of God. Your appointment is to bring the world into the kingdom of God until it is proof positive that, "those who have turned the world upside down are come here too!" Really, upside down is right side up!

Jesus' succession plan names you as His change agent to serve His divine purpose, plan, and path in one or even all the Seven Mountains: 1) government; 2) business; 3) media; 4) education; 5) arts & entertainment; 6) religion; and 7) family. Every Kingdom of God assignment is established on the Word of God as well as executed by the Spirit of God. If it is not, the mission will be an obstruction against your own breakthrough. Your minimum contribution is by prayer and petition, i.e., to intercede. Your maximum contribution is by practice and participation in the sphere(s) of influence God has chosen for you, i.e., to intervene.

Never give your seat of authority to an already failed world system. Let Holy Spirit reposition you to always "see" Jesus as He really is, the King of kings. Then grant the Lord of lords all the living room He requires, without issuing any eviction clauses. As your space restrictions are demolished, you can "be" as Jesus is in the world, a world overcomer. In other words, you are living on top of the world; it is not living on top of you.

Mt. Moriah is where God gave Abraham a performance test. At the summit of Mt. Moriah is Mt. Calvary, aka as Golgotha in Latin is the place where Jesus passed His performance test. The Family Mountain

Golgotha, also named Calvary in Latin, is normally said to be connected to the traditional site of Christ's Crucifixion, now in the Church of the Holy Sepulchre in the Christian Quarter of Jerusalem. This church is within the walls of the Old City of Jerusalem. Below is

a [diagram from Wikipedia](#) showing how the Church of the Holy Sepulchre was built on the place called Golgotha:

<https://bibleq.net/answer/927/>

The Temple mount – Mt Moriah is situated on a saddle and 118 feet below the summit. [Lev 1:11-13](#) says the sacrifice had to be slain to the north of the altar, the summit is to the north of the altar, so it is probable that Jesus was crucified north of the altar, at the summit of the saddle which is called Galgotha, which in reality is the summit of Mt Moriah.

Genesis 22, Amplified Bible, Classic Edition

¹ After these events, God tested *and* proved Abraham and said to him, Abraham! And he said, Here I am.

² [God] said, Take now your son, your only son Isaac, whom you love, and go to the region of Moriah; and offer him there as a burnt offering upon one of the mountains of which I will tell you.

³ So Abraham rose early in the morning, saddled his donkey, and took two of his young men with him and his son Isaac; and he split the wood for the burnt offering, and then began the trip to the place of which God had told him.

⁴ On the third day Abraham looked up and saw the place in the distance.

⁵ And Abraham said to his servants, Settle down *and* stay here with the donkey, and I and the young man will go yonder and worship and ^[a]come again to you.

⁶ Then Abraham took the wood for the burnt offering and laid it on [the shoulders of] Isaac his son, and he took the fire (the firepot) in his own hand, and a knife; and the two of them went on together.

⁷ And Isaac said to Abraham, My father! And he said, Here I am, my son. [Isaac] said, See, here are the fire and the wood, but where is the lamb for the burnt sacrifice?

8 Abraham said, My son, ^[b]God Himself will provide a lamb for the burnt offering. So the two went on together.

9 When they came to the place of which God had told him, Abraham built an altar there; then he laid the wood in order and ^[c]bound Isaac his son and laid him on the altar on the wood.

10 And Abraham stretched forth his hand and took hold of the knife to slay his son.

11 But the ^[d]Angel of the Lord called to him from heaven and said, Abraham, Abraham! He answered, Here I am.

12 And He said, Do not lay your hand on the lad or do anything to him; for now I know that you fear *and* revere God, since you have not held back from Me *or* begrudged giving Me your son, your only son.

13 Then Abraham looked up *and* glanced around, and behold, behind him was a ram caught in a thicket by his horns. And Abraham went and took the ram and offered it up for a burnt offering *and* an ascending sacrifice instead of his son!

14 So Abraham called the name of that place The Lord Will Provide. And it is said to this day, On the mount of the Lord it will be provided.

15 The Angel of the Lord called to Abraham from heaven a second time

16 And said, I have sworn by Myself, says the Lord, that since you have done this and have not withheld [from Me] *or* begrudged [giving Me] your son, your only son,

17 In blessing I will bless you and in multiplying I will multiply your descendants like the stars of the heavens and like the sand on the seashore. And your Seed (Heir) will possess the gate of His enemies,

18 And in your Seed ^[e]Christ shall all the nations of the earth be blessed *and* [by Him] bless themselves, because you have heard *and* obeyed My voice.

¹⁹ So Abraham returned to his servants, and they rose up and went with him to Beersheba; there Abraham lived.

Footnotes

- a. Genesis 22:5 Abraham was not lying to his servants or trying to deceive them. He believed God, Who had promised him that this young man's posterity was to inherit the promises made to Abraham (Gen. 12:2, 3).
- b. Genesis 22:8 We must not suppose that this was the language merely of faith and obedience. Abraham spoke prophetically, and referred to that Lamb of God which He had provided for Himself, Who in the fullness of time would take away the sin of the world, and of Whom Isaac was a most expressive type (Adam Clarke, *The Holy Bible with A Commentary*). For Abraham was a prophet (Gen. 20:7). Jesus said Abraham hoped for "My day [My incarnation]; and he did see it and was delighted" (John 8:56).
- c. Genesis 22:9 Isaac, who was perhaps twenty-five years old (according to the ancient historian Josephus), shared his father's confidence in God's promise. Was not his very existence the result of God keeping His word? (Gen. 17:15-17.)
- d. Genesis 22:11 See footnote on Gen. 16:7.
- e. Genesis 22:18 We have the authority of the apostle Paul (Gal. 3:8, 16, 18) to restrict this promise to our blessed Lord, Who was the Seed through Whom alone all God's blessings of providence, mercy, grace, and glory should be conveyed to the nations of the earth (Adam Clarke, *The Holy Bible with A Commentary*).

Mt. Sinai is where God introduced Himself to Israel after delivering them from slavery, how to approach Him, commanding them to be

holy, and set themselves unto the Lord in worship; The Religion Mountain

Exodus 19, New Life Version

Moses Meets God on Mount Sinai

¹ In the third month after the people of Israel left Egypt, they came to the Sinai Desert on the same day. ² They had left Rephidim and had come to the Sinai Desert. There Israel set up their tents in front of the mountain. ³ And Moses went up to God. The Lord called to him from the mountain, saying, "Say this to the house of Jacob and tell the people of Israel: ⁴ 'You have seen what I did to the Egyptians, and how I carried you on eagles' wings and brought you to Myself. ⁵ Now then, if you will obey My voice and keep My agreement, you will belong to Me from among all nations. For all the earth is Mine. ⁶ You will be to Me a nation of religious leaders, a holy nation.' These are the words you will speak to the people of Israel."

⁷ So Moses came and called the leaders of the people. He told them all these words which the Lord had told him. ⁸ And all the people answered together and said, "We will do all that the Lord has said!" Then Moses went to tell the Lord what the people had said. ⁹ The Lord said to Moses, "See, I will come to you in a thick cloud. So the people may hear when I speak with you, and may believe you forever." Then Moses told the Lord what the people had said. ¹⁰ The Lord said to Moses, "Go to the people. Today and tomorrow set them apart to be holy. Have them wash their clothes. ¹¹ And let them be ready for the third day. For on the third day people will see the Lord come down on Mount Sinai. ¹² Let the people know the places all around that they must not pass. Tell them, 'Be careful that you do not go up on the mountain or touch any place around it. Whoever touches the mountain will be put to death. ¹³ No hand will touch him. But he will be killed with stones or arrows. If he be animal or man, he will not live.' When a long sound from a horn is heard, they may come up to the mountain."

¹⁴ So Moses went down from the mountain to the people. He set the people apart to be holy, and they washed their clothes. ¹⁵ He said to the people, "Be ready for the third day. Do not go near a woman."

¹⁶ On the morning of the third day there was thunder and lightning. A cloud covered the mountain, and a very loud horn sounded. All the people among the tents shook with fear. ¹⁷ Then Moses brought the people from among the tents to meet God. They stood at the base of the mountain. ¹⁸ Mount Sinai was all in smoke because the Lord came down upon it in fire. Its smoke went up like the smoke of a stove. And the whole mountain shook. ¹⁹ The sound of the horn became louder and louder. Moses spoke, and God answered him with thunder. ²⁰ Then the Lord came down upon Mount Sinai, to the top of the mountain. The Lord called Moses to the top of the mountain, and he went up. ²¹ Then the Lord said to Moses, "Go down and tell the people not to break through to look at the Lord. For then many of them would be destroyed. ²² Have the religious leaders who come near to the Lord set themselves apart to be holy. Or the Lord will go against them." ²³ Moses said to the Lord, "The people cannot come up to Mount Sinai. For You told us, 'Set places around the mountain that must not be passed, and set it apart as holy.'" ²⁴ Then the Lord said to him, "Go down, and then come up with Aaron. But do not let the religious leaders and the people break through to come up to the Lord, or He will go against them." ²⁵ So Moses went down to the people and told them.

Moses ascends Mt. Sinai to have extended visitations with God. Moses came down from the carrying evidence of the glory of God although after a while it faded. You can carry tangible presence of the glory of God in your daily lives. Instead of it fading, it flourishes from one level to the next level up.

Exodus 24:12-18, GOD'S WORD Translation

Moses Goes up the Mountain to Receive God's Words Written on Stone

¹² The LORD said to Moses, "Come up to me on the mountain. Stay there, and I will give you the stone tablets with the teachings and the commandments I have written for the people's instruction."

¹³ Moses set out with his assistant Joshua, and Moses went up on the mountain of God. ¹⁴ He said to the leaders, "Wait here for us until we come back to you. Aaron and Hur are here with you. Take all your disagreements to them."

¹⁵ So Moses went up on the mountain, and the cloud covered it. ¹⁶ The glory of the LORD settled on Mount Sinai. For six days the cloud covered it, and on the seventh day the LORD called to Moses from inside the cloud. ¹⁷ To the Israelites, the glory of the LORD looked like a raging fire on top of the mountain. ¹⁸ Moses entered the cloud as he went up the mountain. He stayed on the mountain 40 days and 40 nights.

Exodus 34:29-35, GOD'S WORD Translation

Moses Returns to the People

²⁹ Moses came down from Mount Sinai, carrying the two tablets with God's words on them. His face was shining from speaking with the LORD, but he didn't know it.

³⁰ When Aaron and all the Israelites looked at Moses and saw his face shining, they were afraid to come near him. ³¹ Moses called to them, so Aaron and all the leaders of the community came back to him. Then Moses spoke to them. ³² After that, all the other Israelites came near him, and he commanded them to do everything the LORD told him on Mount Sinai. ³³ When Moses finished speaking to them, he put a veil over his face. ³⁴ But whenever Moses went into the LORD's presence to speak with him, he took off the veil until he came out. Whenever he came out and told the Israelites what he had been commanded, ³⁵ they would see that Moses'

face was shining. Then Moses would put the veil back on until he went in again to speak with the LORD.

2 Corinthians 3:12-18, GOD'S WORD Translation

¹² Since we have confidence in the new promise, we speak very boldly. ¹³ We are not like Moses. He kept covering his face with a veil. He didn't want the people of Israel to see the glory fading away. ¹⁴ However, their minds became closed. In fact, to this day the same veil is still there when they read the Old Testament. It isn't removed, because only Christ can remove it. ¹⁵ Yet, even today, when they read the books of Moses, a veil covers their minds. ¹⁶ But whenever a person turns to the Lord, the veil is taken away.

¹⁷ This Lord is the Spirit. Wherever the Lord's Spirit is, there is freedom. ¹⁸ As all of us reflect the Lord's glory with faces that are not covered with veils, we are being changed into his image with ever-increasing glory. This comes from the Lord, who is the Spirit.

Mt. Zion is God's choice to serve the Religion Mountain with David to take the lead. David's lineage ushered Jesus Christ into the earth through the tribe of Judah.

Psalms 78:67-72, Amplified Bible, Classic Edition

⁶⁷ Moreover, He rejected the tent of Joseph and chose not the tribe of Ephraim [in which the tabernacle had been accustomed to stand].

⁶⁸ But He chose the tribe of Judah [as Israel's leader], Mount Zion, which He loved [to replace Shiloh as His capital].

⁶⁹ And He built His sanctuary [exalted] like the heights [of the heavens] and like the earth which He established forever.

⁷⁰ He chose David His servant and took him from the sheepfolds;

⁷¹ From tending the ewes that had their young He brought him to be the shepherd of Jacob His people, of Israel His inheritance.

⁷² So [David] was their shepherd with an upright heart; he guided them by the discernment *and* skillfulness [which controlled] his hands.

Psalm 65:1-8, The Message

¹⁻² Silence is praise to you,
Zion-dwelling God,

And also obedience.

You hear the prayer in it all.

²⁻⁸ We all arrive at your doorstep sooner
or later, loaded with guilt,

Our sins too much for us—

but you get rid of them once and for all.

Blessed are the chosen! Blessed the guest
at home in your place!

We expect our fill of good things
in your house, your heavenly manse.

All your salvation wonders
are on display in your trophy room.

Earth-Tamer, Ocean-Pourer,
Mountain-Maker, Hill-Dresser,
Muzzler of sea storm and wave crash,
of mobs in noisy riot—

Far and wide they'll come to a stop,
they'll stare in awe, in wonder.

Dawn and dusk take turns
calling, "Come and worship."

Psalm 97, The Message

GOD rules: *there's* something to shout over!

On the double, mainlands and islands—celebrate!

² Bright clouds and storm clouds circle 'round him;

Right and justice anchor his rule.

³ Fire blazes out before him,

Flaming high up the craggy mountains.

⁴ His lightnings light up the world;

Earth, wide-eyed, trembles in fear.

⁵ The mountains take one look at GOD

And melt, melt like wax before earth's Lord.

⁶ The heavens announce that he'll set everything right,

And everyone will see it happen—glorious!

⁷⁻⁸ All who serve handcrafted gods will be sorry—

And they were so proud of their ragamuffin gods!

On your knees, all you gods—worship him!

And Zion, you listen and take heart!

Daughters of Zion, sing your hearts out:

GOD has done it all, has set everything right.

⁹ You, GOD, are High God of the cosmos,

Far, far higher than any of the gods.

¹⁰ GOD loves all who hate evil,

And those who love him he keeps safe,

Snatches them from the grip of the wicked.

¹¹ Light-seeds are planted in the souls of God's people,

Joy-seeds are planted in good heart-soil.

¹² So, God's people, shout praise to GOD,

Give thanks to our Holy God!

Psalm 99, The Message

¹⁻³ GOD rules. On your toes, everybody!

He rules from his angel throne—take notice!

GOD looms majestic in Zion,

He towers in splendor over all the big names.

Great and terrible your beauty: let everyone praise you!

Holy. Yes, holy.

⁴⁻⁵ Strong King, lover of justice,

You laid things out fair and square;

You set down the foundations in Jacob,

Foundation stones of just and right ways.

Honor GOD, our God; worship his rule!

Holy. Yes, holy.

⁶⁻⁹ Moses and Aaron were his priests,

Samuel among those who prayed to him.

They prayed to GOD and he answered them;

He spoke from the pillar of cloud.

And they did what he said; they kept the law he gave them.

And then GOD, our God, answered them

(But you were never soft on their sins).

Lift high GOD, our God; worship at his holy mountain.

Holy. Yes, holy is GOD our God.

Psalm 125, The Message

¹⁻⁵ Those who trust in GOD

are like Zion Mountain:

Nothing can move it, a rock-solid mountain

you can always depend on.

Mountains encircle Jerusalem,

and God encircles his people—
always has and always will.

The fist of the wicked

will never violate

What is due the righteous,

provoking wrongful violence.

Be good to your good people, God,

to those whose hearts are right!

God will round up the backsliders,

corral them with the incorrigibles.

Peace over Israel!

Through our intercession and intervention we generate the kingdoms of this world into the kingdom of God's religion mountain, i.e., Mount Zion. You should receive spiritual training in the religion mountain that influences the outcome of your assignment.

Psalm 72:1-8, The Message

¹⁻⁸ Give the gift of wise rule to the king, O God,
the gift of just rule to the crown prince.

May he judge your people rightly,

be honorable to your meek and lowly.

Let the mountains give exuberant witness;

shape the hills with the contours of right living.

Please stand up for the poor,

help the children of the needy,

come down hard on the cruel tyrants.

Outlast the sun, outlive the moon—

age after age after age.

Be rainfall on cut grass,

earth-refreshing rain showers.

Let righteousness burst into blossom
and peace abound until the moon fades to nothing.
Rule from sea to sea,
from the River to the Rim.

Psalm 30, The Message

¹ I give you all the credit, GOD—
you got me out of that mess,
you didn't let my foes gloat.
²⁻³ GOD, my God, I yelled for help
and you put me together.
GOD, you pulled me out of the grave,
gave me another chance at life
when I was down-and-out.
⁴⁻⁵ All you saints! Sing your hearts out to GOD!
Thank him to his face!
He gets angry once in a while, but across
a lifetime there is only love.
The nights of crying your eyes out
give way to days of laughter.
⁶⁻⁷ When things were going great
I crowed, "I've got it made.
I'm GOD's favorite.
He made me king of the mountain."
Then you looked the other way
and I fell to pieces.
⁸⁻¹⁰ I called out to you, GOD;
I laid my case before you:
"Can you sell me for a profit when I'm dead?"

auction me off at a cemetery yard sale?
When I'm 'dust to dust' my songs
and stories of you won't sell.
So listen! and be kind!
Help me out of this!"
11-12 You did it: you changed wild lament
into whirling dance;
You ripped off my black mourning band
and decked me with wildflowers.
I'm about to burst with song;
I can't keep quiet about you.
GOD, my God,
I can't thank you enough.

Psalm 18:31-42, The Message

³¹⁻⁴² Is there any god like GOD?
Are we not at bedrock?
Is not this the God who armed me,
then aimed me in the right direction?
Now I run like a deer;
I'm king of the mountain.
He shows me how to fight;
I can bend a bronze bow!
You protect me with salvation-armor;
you hold me up with a firm hand,
caress me with your gentle ways.
You cleared the ground under me
so my footing was firm.
When I chased my enemies I caught them;

I didn't let go till they were dead men.
I nailed them; they were down for good;
then I walked all over them.
You armed me well for this fight,
you smashed the upstarts.
You made my enemies turn tail,
and I wiped out the haters.
They cried "uncle"
but Uncle didn't come;
They yelled for GOD
and got no for an answer.
I ground them to dust; they gusted in the wind.
I threw them out, like garbage in the gutter.

Psalm 131, The Message

GOD, I'm not trying to rule the roost,
I don't want to be king of the mountain.
I haven't meddled where I have no business
or fantasized grandiose plans.
² I've kept my feet on the ground,
I've cultivated a quiet heart.
Like a baby content in its mother's arms,
my soul is a baby content.
³ Wait, Israel, for GOD. Wait with hope.
Hope now; hope always!

Psalm 47, The Message

¹⁻⁹ Applause, everyone. Bravo, bravissimo!
Shout God-songs at the top of your lungs!

God Most High is stunning,
 astride land and ocean.
He crushes hostile people,
 puts nations at our feet.
He set us at the head of the line,
 prize-winning Jacob, his favorite.
Loud cheers as God climbs the mountain,
 a ram's horn blast at the summit.
Sing songs to God, sing out!
 Sing to our King, sing praise!
He's Lord over earth,
 so sing your best songs to God.
God is Lord of godless nations—
 sovereign, he's King of the mountain.
Princes from all over are gathered,
 people of Abraham's God.
The powers of earth are God's—
 he soars over all.

At the highest point in Jerusalem, just outside of the Old City lies Mount Zion. The Temple represented the religion mountain is where Jesus employed His intervention to remove all unproductive things from their practices. Afterward Jesus taught His disciples about acclimating to the kingdom of God and activating the Word of God and the Spirit of God with the voice of Jesus.

Mark 11:12-25, The Message

The Cursed Fig Tree

12-14 As they left Bethany the next day, he was hungry. Off in the distance he saw a fig tree in full leaf. He came up to it expecting to find something for

breakfast, but found nothing but fig leaves. (It wasn't yet the season for figs.) He addressed the tree: "No one is going to eat fruit from you again—ever!" And his disciples overheard him.

15-17 They arrived at Jerusalem. Immediately on entering the Temple Jesus started throwing out everyone who had set up shop there, buying and selling. He kicked over the tables of the bankers and the stalls of the pigeon merchants. He didn't let anyone even carry a basket through the Temple.

And then he taught them, quoting this text:

My house was designated a house of prayer for the nations;
You've turned it into a hangout for thieves.

18 The high priests and religion scholars heard what was going on and plotted how they might get rid of him. They panicked, for the entire crowd was carried away by his teaching.

19 At evening, Jesus and his disciples left the city.

20-21 In the morning, walking along the road, they saw the fig tree, shriveled to a dry stick. Peter, remembering what had happened the previous day, said to him, "Rabbi, look—the fig tree you cursed is shriveled up!"

22-25 Jesus was matter-of-fact: "Embrace this God-life. Really embrace it, and nothing will be too much for you. This mountain, for instance: Just say, 'Go jump in the lake'—no shuffling or hemming and hawing—and it's as good as done. That's why I urge you to pray for absolutely everything, ranging from small to large. Include everything as you embrace this God-life, and you'll get God's everything. And when you assume the posture of prayer, remember that it's not all *asking*. If you have anything against someone, *forgive*—only then will your heavenly Father be inclined to also wipe your slate clean of sins."

Psalm 29, The Voice

A song of David.

- ¹ Give *all credit* to the Eternal, O heavenly creatures;
give *praise* to Him for His glory and power.
- ² Give to the Eternal the glory due His name;
worship Him with *lavish displays of sacred splendor*.
- ³ The voice of the Eternal echoes over the great waters;
God's magnificence roars like thunder.
The Eternal's presence hovers over all the waters.
- ⁴ His voice explodes in great power *over the earth*.
His voice is both regal and grand.
- ⁵ The Eternal's voice shatters the cedars;
His power splinters the great cedars of Lebanon.
- ⁶ He speaks, and Lebanon leaps like a young calf;
Sirion jumps like a wild, youthful ox.
- ⁷ The voice of the Eternal cuts through with flames of fire.
- ⁸ The voice of the Eternal rumbles through the wilderness
with great quakes;
He causes Kadesh to tremble.
- ⁹ The Eternal's voice brings life from the doe's womb;
His voice strips the forest bare,
and all the people in the temple declare, "Glory!"
- ¹⁰ The Eternal is enthroned over the great flood;
His reign is unending.
- ¹¹ We ask You, Eternal One, to give strength to Your people;
Eternal One, bless them with *the gift of peace*.

Habakkuk 3, The Message

God Racing on the Crest of the Waves

¹⁻² A prayer of the prophet Habakkuk, with orchestra:

GOD, I've heard what our ancestors say about you,
and I'm stopped in my tracks, down on my knees.

Do among us what you did among them.

Work among us as you worked among them.
And as you bring judgment, as you surely must,
remember mercy.

3-7 God's on his way again,
retracing the old salvation route,
Coming up from the south through Teman,
the Holy One from Mount Paran.
Skies are blazing with his splendor,
his praises sounding through the earth,
His cloud-brightness like dawn, exploding, spreading,
forked-lightning shooting from his hand—
what power hidden in that fist!

Plague marches before him,
pestilence at his heels!

He stops. He shakes Earth.

He looks around. Nations tremble.
The age-old mountains fall to pieces;
ancient hills collapse like a spent balloon.

The paths God takes are older
than the oldest mountains and hills.

I saw everyone worried, in a panic:
Old wilderness adversaries,
Cushan and Midian, were terrified,
hoping he wouldn't notice them.

8-16 GOD, is it River you're mad at?
Angry at old River?

Were you raging at Sea when you rode
horse and chariot through to salvation?
You unfurled your bow
and let loose a volley of arrows.
You split Earth with rivers.
Mountains saw what was coming.
They twisted in pain.
Flood Waters poured in.
Ocean roared and reared huge waves.
Sun and Moon stopped in their tracks.
Your flashing arrows stopped them,
your lightning-strike spears impaled them.
Angry, you stomped through Earth.
Furious, you crushed the godless nations.
You were out to save your people,
to save your specially chosen people.
You beat the stuffing
out of King Wicked,
Stripped him naked
from head to toe,
Set his severed head on his own spear
and blew away his army.
Scattered they were to the four winds—
and ended up food for the sharks!
You galloped through the Sea on your horses,
racing on the crest of the waves.
When I heard it, my stomach did flips.
I stammered and stuttered.
My bones turned to water.

I staggered and stumbled.
I sit back and wait for Doomsday
to descend on our attackers.
17-19 Though the cherry trees don't blossom
and the strawberries don't ripen,
Though the apples are worm-eaten
and the wheat fields stunted,
Though the sheep pens are sheepless
and the cattle barns empty,
I'm singing joyful praise to God.
I'm turning cartwheels of joy to my Savior God.
Counting on God's Rule to prevail,
I take heart and gain strength.
I run like a deer.
I feel like I'm king of the mountain!
(For congregational use, with a full orchestra.)

Psalm 31:3-5, The Message

³⁻⁵ You're my cave to hide in,
my cliff to climb.
Be my safe leader,
be my true mountain guide.
Free me from hidden traps;
I want to hide in you.
I've put my life in your hands.
You won't drop me,
you'll never let me down.

Psalm 43, The Message

¹⁻² Clear my name, God; stick up for me
against these loveless, immoral people.

Get me out of here, away
from these lying degenerates.

I counted on you, God.

Why did you walk out on me?

Why am I pacing the floor, wringing my hands
over these outrageous people?

³⁻⁴ Give me your lantern and compass,
give me a map,

So I can find my way to the sacred mountain,
to the place of your presence,

To enter the place of worship,
meet my exuberant God,

Sing my thanks with a harp,
magnificent God, my God.

⁵ Why are you down in the dumps, dear soul?
Why are you crying the blues?

Fix my eyes on God—
soon I'll be praising again.

He puts a smile on my face.

He's my God.

Psalm 48:11, The Message

¹¹ Be glad, Zion Mountain;
Dance, Judah's daughters!
He does what he said he'd do!

Psalm 61:1-2, The Message

¹⁻² God, listen to me shout,
 bend an ear to my prayer.
When I'm far from anywhere,
 down to my last gasp,
I call out, "Guide me
 up High Rock Mountain!"

Psalm 98:5-9, The Message

⁵ Round up an orchestra to play for GOD,
Add on a hundred-voice choir.
⁶ Feature trumpets and big trombones,
Fill the air with praises to King GOD.
⁷ Let the sea and its fish give a round of applause,
With everything living on earth joining in.
⁸ Let ocean breakers call out, "Encore!"
And mountains harmonize the finale—
⁹ A tribute to GOD when he comes,
When he comes to set the earth right.
He'll straighten out the whole world,
He'll put the world right, and everyone in it.

Psalm 121:1-2, The Message

¹⁻² I look up to the mountains;
 does my strength come from mountains?
No, my strength comes from GOD,
 who made heaven, and earth, and mountains.

Psalm 144, The Message

¹⁻² Blessed be GOD, my mountain,
who trains me to fight fair and well.

He's the bedrock on which I stand,
the castle in which I live,
my rescuing knight,

The high crag where I run for dear life,
while he lays my enemies low.

³⁻⁴ I wonder why you care, GOD—
why do you bother with us at all?

All we are is a puff of air;
we're like shadows in a campfire.

⁵⁻⁸ Step down out of heaven, GOD;
ignite volcanoes in the hearts of the mountains.

Hurl your lightnings in every direction;
shoot your arrows this way and that.

Reach all the way from sky to sea:
pull me out of the ocean of hate,
out of the grip of those barbarians

Who lie through their teeth,
who shake your hand
then knife you in the back.

⁹⁻¹⁰ O God, let me sing a new song to you,
let me play it on a twelve-string guitar—

A song to the God who saved the king,
the God who rescued David, his servant.

¹¹ Rescue me from the enemy sword,
release me from the grip of those barbarians

Who lie through their teeth,

who shake your hand
then knife you in the back.

¹²⁻¹⁴ Make our sons in their prime

like sturdy oak trees,

Our daughters as shapely and bright
as fields of wildflowers.

Fill our barns with great harvest,

fill our fields with huge flocks;

Protect us from invasion and exile—

eliminate the crime in our streets.

¹⁵ How blessed the people who have all this!

How blessed the people who have GOD for God!

Psalm 147:7-11, The Message

⁷⁻¹¹ Sing to GOD a thanksgiving hymn,

play music on your instruments to God,

Who fills the sky with clouds,

preparing rain for the earth,

Then turning the mountains green with grass,

feeding both cattle and crows.

He's not impressed with horsepower;

the size of our muscles means little to him.

Those who fear GOD get GOD's attention;

they can depend on his strength.

Psalm 148, The Message

¹⁻⁵ Hallelujah!

Praise GOD from heaven,

praise him from the mountaintops;

Praise him, all you his angels,
 praise him, all you his warriors,
Praise him, sun and moon,
 praise him, you morning stars;
Praise him, high heaven,
 praise him, heavenly rain clouds;
Praise, oh let them praise the name of GOD—
 he spoke the word, and there they were!

⁶ He set them in place
 from all time to eternity;
He gave his orders,
 and that's it!

⁷⁻¹² Praise GOD from earth,
 you sea dragons, you fathomless ocean deeps;
Fire and hail, snow and ice,
 hurricanes obeying his orders;
Mountains and all hills,
 apple orchards and cedar forests;
Wild beasts and herds of cattle,
 snakes, and birds in flight;
Earth's kings and all races,
 leaders and important people,
Robust men and women in their prime,
 and yes, graybeards and little children.

¹³⁻¹⁴ Let them praise the name of GOD—
 it's the only Name worth praising.
His radiance exceeds anything in earth and sky;
 he's built a monument—his very own people!

Praise from all who love GOD!

Israel's children, intimate friends of GOD.

Hallelujah!

Psalm 3, The Message

¹⁻² GOD! Look! Enemies past counting!

Enemies sprouting like mushrooms,

Mobs of them all around me, roaring their mockery:

"Hah! No help for *him* from God!"

³⁻⁴ But you, GOD, shield me on all sides;

You ground my feet, you lift my head high;

With all my might I shout up to GOD,

His answers thunder from the holy mountain.

⁵⁻⁶ I stretch myself out. I sleep.

Then I'm up again—rested, tall and steady,

Fearless before the enemy mobs

Coming at me from all sides.

⁷ Up, GOD! My God, help me!

Slap their faces,

First this cheek, then the other,

Your fist hard in their teeth!

⁸ Real help comes from GOD.

Your blessing clothes your people!

Psalm 11, The Message

¹⁻³ I've already run for dear life

straight to the arms of GOD.

So why would I run away now

when you say,

“Run to the mountains; the evil
bows are bent, the wicked arrows
Aimed to shoot under cover of darkness
at every heart open to God.
The bottom’s dropped out of the country;
good people don’t have a chance”?
⁴⁻⁶ But GOD hasn’t moved to the mountains;
his holy address hasn’t changed.
He’s in charge, as always, his eyes
taking everything in, his eyelids
Unblinking, examining Adam’s flesh and blood
inside and out, not missing a thing.
He tests the good and the bad alike;
if anyone cheats, God’s outraged.
Fail the test and you’re out,
out in a hail of firestones,
Drinking from a canteen
filled with hot desert wind.
⁷ GOD’s business is putting things right;
he loves getting the lines straight,
Setting us straight. Once we’re standing tall,
we can look him straight in the eye.

Psalm 45:8-9, The Message

⁸⁻⁹ “Your forest-drenched garments
are fragrant with mountain breeze.
Chamber music—from the throne room—
makes you want to dance.

Kings' daughters are maids in your court,
the Bride glittering with golden jewelry.

Psalm 46, The Message

1-3 God is a safe place to hide,
ready to help when we need him.

We stand fearless at the cliff-edge of doom,
courageous in seastorm and earthquake,

Before the rush and roar of oceans,
the tremors that shift mountains.

Jacob-wrestling God fights for us,
GOD-of-Angel-Armies protects us.

4-6 River fountains splash joy, cooling God's city,
this sacred haunt of the Most High.

God lives here, the streets are safe,
God at your service from crack of dawn.

Godless nations rant and rave, kings and kingdoms threaten,
but Earth does anything he says.

7 Jacob-wrestling God fights for us,
GOD-of-Angel-Armies protects us.

8-10 Attention, all! See the marvels of GOD!
He plants flowers and trees all over the earth,
Bans war from pole to pole,
breaks all the weapons across his knee.

"Step out of the traffic! Take a long,
loving look at me, your High God,
above politics, above everything."

11 Jacob-wrestling God fights for us,
GOD-of-Angel-Armies protects us.