

# Voice of Triumph



Volume 8 No. 3

A publication of the

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*"Thou has made the earth to tremble; thou has broken it: heal the breaches thereof; for it shaketh," Psalm 60:2*

## YOUR ANCHOR HOLDS AND GRIPS THE SOLID ROCK

Pure emotional responses are not always perceived right, but are certainly real. Don't carry unnecessary insurmountable weight. Roll it onto Jesus Christ. He only is qualified to heal every breach. Humankind can help the healing process as ambassadors, but Jesus Christ is only Healer. There are five universal emotional needs which are anchors that we all want met. In sequence, they are: 1) **Safe and Sound.** You feel comforted when danger and alarm dissolve. With a sense of risk and always feeling attacked removed, you can easily rest in God's love instead of always being on guard. The freedom to trust will bring with it the courage to live. 2) **Sense of belonging.** You feel welcomed, when intolerance, rejection, and abandonment are no longer present and active. The coldness that turned you into a stranger or an intruder has lifted when you enter God's family. 3) **Self-esteem.** You feel understood when misunderstanding, miscalculation, misinterpretation are replaced. You sit up straight when will find yourself intuitively known, although it was never communicated. Jesus even knows how many hairs are on your head. 4) **Significance.** Conveying honor, respect, and value remove disapproval and disrespect. The Word declares, "...the last will be the first." You cannot be on the top and the bottom of the list concurrently. Jesus' death, burial, and resurrection is a clear indication that God did not want to live without you. Jesus would have died for you even if you were the last soul left on earth. 5) **Satisfaction.** Fulfillment diminishes emptiness: the state of being completely supplied. Having excessive fullness. Abundantly provided for. Flooded with God Himself. Jesus, the Rock, paved a way for you to experience streams in your desert. He systematically and habitually works from the inside out. "He healeth the broken in heart and bindeth up their wounds," Psalm 147:3. Look to the Rock! Grip the Rock!

## SECURITY BREACHES HEALED: OPERATE ON FUEL, NOT TOXIC FUMES

Insecurity influences an entire environment's level of security. Insecurity breeds insecurity. The more that freely co-exist, the greater threat is imposed. Masked or unmasked, they drive a wedge through even the strongest defense. With a security breach, your alarm sounds. Instead of serving, you seek to manipulate people rather than master relationships. Instead of engaging emotional healing, harboring insecurities become your prime choice. The only goal of insecurity is to feel safe: reverting to your comfort zone as a committed practice. You conveniently disconnect from what threatens safety. Grasping onto the lie you tell yourself, your smeared vision and fake mirage only pacifies, but never satisfies. In the end, you operate like a fragile, frail fragment—a piece of work, not a fearfully and wonderfully made masterpiece. Wherever insecurity rules, there is also an energy leak which hinders your greatest potential, especially if all nine insecurity traits are synergized. Since it is emotional, you will eventually slow down. Damage to the vessel causes a failure to thrive. The book title, *Healing Your Insecurities* by Dr. Roy H. Hicks outline nine insecurities. 1) **Selfishness** focuses on serving and satisfying self alone. Repositioning yourself to serve others will never be an option: You want to feel comforted, welcomed, understood, important, and fulfilled. The goal: holistically prepare self so you can serve others better. 2) **Competitiveness** keeps you vying for attention to be number one. Conflict resolution is a higher calling. Always challenging others to get ahead no matter what the cost of losing is quite different. In this state, you will tend to compete with everyone, but never complete anyone. While there is nothing wrong with healthy competition, there is, when you never compete with your own record of achievements to surpass your own goals. 3) **Suspicion** sustains the victim mentality manifesting the inability to trust. Tormented by fear, you will never open your heart to receive from others even with proven evidence. 4) **Accusation** never shoulders blame, even with evidence of error. You will always wait for others to take the lead in being guilty even if innocent. 5) **Criticism** can't find you wrong, nor others right because you focus on identifying holes. 6) **Noncompliance** looks for a way outside of humility. The lack of alignment resists action through rebellion. The commitment to oppose what is acceptable is greater than doing the right thing right. 7) **Unproductive** stances always paralyze progress. Idleness always has a result: nothing. 8) **Unforgiveness** locks you into the past where hostages are held. When you fail to release people who have caused hurts, pains, and wounds, you hurt yourself beyond that hurt. Physical ailments manifest. Read *Deadly Emotions* by Dr. Don Colbert. 9) **Overindulgence** moves you into addictive and out of control behaviors, all in the name of comfort. "For God has not given us the spirit of fear: but of power, love, and of a sound mind," 2 Timothy 1:7

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### Thought for Transformation

*You make an entrance into someone else's life when expectations are fulfilled, not just promised. Worship is equivalent to reasonable service, i.e., giving God what he wants knowing you have been empowered to do so. If you only give away what you desire not what others need or want, you are sentimental, not service-conscious. Re-inventing service to others builds worth in both the sower and reaper. Elevate yourself to the highest level: engineer living service. Give on the go! Aspire to keep that support fixed like an anchor, not just floating in place, causing it to drag then eventually break.*

### Absolutely, No Substitutes

*Wholeness is available when hurting people hurt people. When hurt happens, many look for a substitute to patch up the wound, instead of returning to the Creator to be re-created. You can put someone or something in God's place, but you can never replace him. Let the Lord have a firm grip on your spiritual, emotional, physical, intelligential, relational, and economical quality of life. You won't be disappointed.*

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